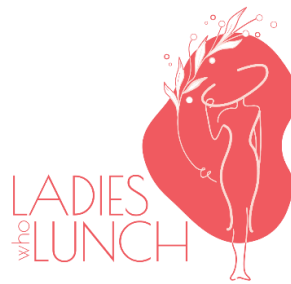


Media Release

Wednesday 4 July 2023



SAVE THE DATE!

LADIES WHO LUNCH – DISCOVER A NEW HEALTH AND WELLBEING EXPERIENCE

A new event in support of Women's Health will be held in Shepparton on Sunday October 29th - 'Ladies Who Lunch'.

After a hiatus due to the COVID-19 pandemic, the well-loved Pink Ribbon Brunch will be reimagined as Ladies Who Lunch - a day of celebration with engaging speakers, giftbags, raffles and much more.

All money raised will be donated locally to the GV Health Foundation to support local women going through cancer treatment.

In addition, all tickets for the Ladies Who Lunch event will include entry to the annual Greater Shepparton City Council (GSSC) Health & Wellbeing Event which will be held on the same day and in the same location at Shepparton's Eastbank Centre. In its third year, the Health & Wellbeing Event offers attendees a place to connect with health services, wellness businesses, professionals and local people to support physical, mental and spiritual health.

Now is the time to 'Save the Date' for this new health and wellbeing experience – October 29th

Director GV Health Foundation and Engagement, Claire Ewart-Kennedy said:

"The GV Health Foundation is proud to partner with the GSSC to deliver a day of celebration at the inaugural Ladies Who Lunch event and the Health & Wellbeing Event. The GV Health Foundation has been working in the background to identify opportunities to highlight the need for enhanced cancer services in GV region. We are the only region without an Integrated Cancer Centre and we are committed to providing the best possible cancer services we can access. This event will aim to raise \$50k for dedicated oncology services for women and any money raised above \$50k will go directly to a new Integrated Cancer Centre. We are about raising money in our community, with our community, for our community."

"Spread the word and gather your girlfriends, sisters and mums. Start the day by exploring the Health & Wellbeing Event, engage with professional services, specialised talks and workshops, then head into the Ladies Who Lunch event, listen to guest speakers and celebrate with the people who matter most to you – all whilst raising funds for the GV Health Foundation."

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As we move through different life stages and health challenges, we need to listen to our bodies and respond. The Health & Wellbeing event is an opportunity to hear from the best and brightest in our region,” Greater Shepparton Partnerships and Marketing Co-ordinator Liz Connick said.

“We aim to increase the many and varied support services on offer here in Greater Shepparton. In the last two years many new and innovative professional services in the health and wellbeing sector have opened and we are spoilt for choice.”

“This is a day to come together with like-minded people for feel-good activities, level up your physical, mental and spiritual health – and go home ready to live a more fulfilled life.” Liz Connick said.

If you would like to participate or support this event, email gvhealthfoundation@gvhealth.org.au

To keep up to date on news and ticket sales, keep an eye out for the Ladies Who Lunch Event on Facebook and Instagram.

More information can also be found by following the GV Health Foundation and the Health & Wellbeing Event on social media.

For more information about this media release, please contact:

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